



# EFFECT OF DIETARY GROUNDED FENUGREEK (*TRIGONELLA FOENUM GRAECUM L.*) SEEDS AND GINGER (*ZINGIBER OFFICINAL*) RHIZOMES POWDER ON PERFORMANCE AND SOME BLOOD TRAITS OF LAYER HENS

Sanaa A. M. AL-Hameed

Department of Animal Production, College of Agricultural Engineering Science, University of Baghdad, Iraq.

## Abstract

This study was conducted to investigate the effect of grounded fenugreek seeds (GFS) and ginger rhizomes powder (GRP) on productive performance and some blood traits of Layer Hens. Ninety Lohman Brown laying hens at 20 weeks old were fed regular layer diet during the preliminary period of the experiment (first two weeks of the experiment) then the birds divided randomly into five treated groups: T<sub>1</sub> (control) no any addition, T<sub>2</sub> and T<sub>3</sub> included 1% and 2 % (GFS) however T<sub>4</sub> and T<sub>5</sub> included 1% and 2% (GRP) respectively. The results revealed that T<sub>2</sub>, T<sub>4</sub> and T<sub>5</sub> showed significant increase (p<0.05) in egg production percentage at 5<sup>th</sup> and 6<sup>th</sup> production period (90.10, 90.44 and 90.50) %, (89.13, 88.70 and 90.09) % respectively. Significant increase (p<0.05) in egg weight produced by hens in all treatments with the addition as compare to control group at the 3<sup>th</sup> production period. T<sub>2</sub> and T<sub>4</sub> showed significant increase in feed consumption as compared to the control group during the production periods (3<sup>th</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup>) but gave the best feed conversion ratio during the production periods (4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>) as well as during the whole production period, meanwhile showed T<sub>1</sub> (control) significant increase (p<0.05) in the means of change in live body weight over all addition treatments during the 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and at the whole rearing period. Blood serum glucose was decreased significant (p<0.01) due to the effect of adding GFS and GRP to the treated diets as compared to the control group at 34<sup>th</sup> and 46<sup>th</sup> weeks of age, however led the addition of 2% GFS and GRP to the diets significant increase of the total blood protein at the 46<sup>th</sup> week of age in comparison with control group. Significant improvement in total blood albumen of all addition treatments (T<sub>2</sub>-T<sub>5</sub>) at the 34<sup>th</sup> week of age as compared to T<sub>1</sub>, T<sub>3</sub> and T<sub>5</sub> which were continued in showing the highest blood albumen at 46<sup>th</sup> weeks of age and they gave the highest blood serum globulins as compared to T<sub>4</sub> at 34<sup>th</sup> and 46<sup>th</sup> weeks of age. The total cholesterol, triglycerides and the Low Density Lipoprotein (LDL) of blood were significantly decreased (p<0.05) in hens of control group as compared with treated groups mean while no significant difference between the different treatments in High Density Lipoprotein (HDL) level of blood serum. It can be concluded from this study that the addition of GFS and GRP to layer diet will improve the performance of the hens and some of their blood traits.

**Key words** : grounded fenugreek seed, ginger rhizomes Powder Layer hen, performance, blood traits.

## Introduction

Fenugreek (*Trigonella foenum graecum L.*) and Ginger (*Zingiber officinal*) are common medicinal herbs used in preparing human feed as spices which improves taste and digestibility. The recent studies concerned poultry nutrition revealed that introducing the medicinal herbs in poultry diets as feed additives to their contents of some affective natural substances, resulted to some significant effects on many undesirable microorganisms and improved birds performance as be considered as an

natural antioxidant which enhance birds immunity (Bukhari *et al.*, 2008; Dash *et al.*, 2011; Nathiya *et al.*, 2014; Adil *et al.*, 2015; Al-Hameed *et al.*, 2015; Khorshidian *et al.*, 2016; Saaci *et al.*, 2018 and Ali *et al.*, 2019).

Fenugreek is one of these important medicinal herbs as its content: flavonoids, saponins, polysaccharides and alkaloid (Xue *et al.*, 2007; Mullaicharam, 2013) which their treatment effects rolled as antibacterial. It is being used as growth promoter in broiler (Alloui *et al.*, 2012; Elbushra, 2012; Weerasingha and Atapattu, 2013; Abdel-

\*Author for correspondence : E-mail : Alkinanisanaa@gmail.com

Rahman *et al.*, 2014; Mamoun *et al.*, 2014; Qureshi *et al.*, 2015; Patel *et al.*, 2017) and in Layer hens diet (Abdouli *et al.*, 2014).

Ginger is known as one of the oldest global spices which rolled as digestion and metabolics regulation substance due to its content of some treatment substances such as gingerol, shogaols, gingerdiol, gingerdicne and some phenolice ketone derivatives (Fuhrman *et al.*, 2000; Stoilova *et al.*, 2007; Zhao *et al.*, 2011). It is being used as growth promoter in broiler (Belal *et al.*, 2018; Shewita and Taha, 2018) and Layer diet (Al-Hameed, 2012a; Al-Hameed, 2012b; Malekizadeh, 2012; Zomrawi *et al.*, 2014 ; Fahar *et al.*, 2019).The objective of this study were to assess the effects of supplementing (GFS) and (GRP) to the diets on laying hens performance and some blood traits.

### Materials and Methods

Ninety Lohman Brown laying hens 20 weeks age were housed in individual cages (40 x 40 x 40 cm). They fed and regular layer diet during the 1<sup>st</sup> 2 weeks of the experiment which considered as preliminary period to the experiment. At the age of 22 weeks, the hens were individually weighed and distributed randomly into five

**Table 1:** Composition and chemical calculated analysis of experimental diet.

T <sub>5</sub>	T <sub>4</sub>	T <sub>3</sub>	T <sub>2</sub>	T <sub>1</sub>	Ingredients %
31.0	31.0	31.0	31.0	31.0	Yellow corn
32.5	32.5	32.5	32.5	32.5	Wheat
2.0	3.0	2.0	3.0	4.0	Bean
16.0	16.0	16.0	16.0	16.0	Soybean meal (44%)
8.0	8.0	8.0	8.0	8.0	*protein concentrate
--	--	2.0	1.0	--	GFS
2.0	1.0	--	--	--	GRP
0.5	0.5	0.5	0.5	0.5	Vegetable oil
7.7	7.7	7.7	7.7	7.7	Limestone
0.3	0.3	0.3	0.3	0.3	Salt
100	100	100	100	100	Total
					Calculated analysis**
2772	2760	2775	2767	2756	ME(kcal/kg)
18.30	18.27	18.30	18.52	18.55	Crude protein%
151.5	151.1	151.6	149.40	151.00	CP ratio
0.74	0.73	0.73	0.74	0.73	Methionin+cysteine%
0.81	0.82	0.82	0.83	0.82	Lysine%
3.78	3.63	3.61	3.60	3.60	Calcium
0.59	0.55	0.51	0.50	0.50	Avialable phosphorus%
3.93	3.89	3.94	3.89	3.84	Crude fiber%
3.13	3.18	3.42	3.25	3.10	Crude fat%

\*Provides per kg of diet: 40% crude protein, 2500 kcal/kg ME. \*\* NRC (1994).

treatment groups each of three replicates (6 hens / replicate). The treatments were as follows: T<sub>1</sub> (control) no addition, T<sub>2</sub> and T<sub>3</sub> included addition of 1% and 2% (GFS) respectively, T<sub>4</sub> and T<sub>5</sub> included 1% and 2% of (GRP)respectively. The regular layer basal diet table1 was formulated to satisfy nutrient

Requirements of laying hens according to the strain catalog recommendations, light regime of 16h constant lighting and 8h dark and continuous ventilation were provided to the birds which were kept under uniform management conditions throughout the experimental period (20-46 weeks of age).

Individual body weights were recorded at the beginning and at the end (20 and 46 weeks of age) of the experiment to calculate live body weight changes,egg production and egg weight were recorded daily, feed intake was recorded weekly in order to calculate feed conversion. Blood samples were collected at the end of 34<sup>th</sup> and 46<sup>th</sup> weeks of age from brachial vein (8 birds per treatment were taken randomly). Serum glucose, total protein, albumin, cholesterol, triglycerides, HDL, LDL were measured according to Trinder (1969), Doumas *et al.*, (1981), Coles (1974), Zake *et al.*, (1954), Sidney and

Barnard (1973) respectively. The albumin content was deducted from the total protein to obtain globulin level. A completely randomized design (CRD) within the statistical analysis system (SAS, 2001) was used to analysis the data for the effect of difference factors in the studied parameters.

### Results and Discussion

The effect of supplementation of GFS and GRP to the layer diets on egg production percentage is presented in (Table 2). The data revealed that the addition of GFS at the rate of 1% and of GRP at the rates of 1% and 2% to the layer diets (T<sub>2</sub>, T<sub>4</sub> and T<sub>5</sub>) resulted in significant increase (p<0.05) in egg production percentage as compared to T<sub>3</sub> which contained 2% GFS and T<sub>1</sub> (control) at the 5<sup>th</sup>and 6<sup>th</sup> production periods.

Data of table 3 revealed that significant differences in the means of egg weights that recorded during the3<sup>th</sup> production period, in which hens of treatments 3,4 and 5 gave the highest egg weights as compared to that produced from hens of T<sub>2</sub> and control group T<sub>1</sub>.

It can be seen from data of table 4 that no significant difference between all treatments under study in the means of feed consumption amounts during the 1<sup>st</sup> and 2<sup>nd</sup> production periods meanwhile the differences became significant during all other

**Table 2:** The effects of supplementing dietary GFS and GRP to the Layer diets on hen day egg production (H.D %)

H.D. % at production periods (weeks)							
Mean 22-45	642-45	538-41	434-37	330-33	226-29	122-25	Treatment
89.03±1.81	87.70±2.22 <sup>b</sup>	89.00±1.33 <sup>b</sup>	89.61±1.14	89.50±1.32	89.40±1.61	89.01±1.11	T <sub>1</sub>
89.76±1.77	89.13±1.11 <sup>a</sup>	90.10±1.01 <sup>a</sup>	90.31±1.00	90.17±0.98	89.57±1.77	89.30±1.14	T <sub>2</sub>
89.35±1.31	88.20±2.18 <sup>b</sup>	89.30±1.19 <sup>b</sup>	90.44±0.78	90.20±0.87	89.10±1.23	88.88±2.11	T <sub>3</sub>
89.89±1.76	89.70±1.86 <sup>a</sup>	90.44±1.09 <sup>a</sup>	90.18±0.99	90.10±0.65	89.88±1.78	89.01±1.00	T <sub>4</sub>
89.86±1.76	90.09±1.01 <sup>a</sup>	90.50±1.12 <sup>a</sup>	90.22±1.00	90.13±0.34	89.12±1.12	89.11±1.11	T <sub>5</sub>
N.S	*	*	N.S	N.S	N.S	N.S	Significance Level

Means in the same row with different letters are significantly different at (p≤0.05), N.S: non-significant, T<sub>1</sub>:control, T<sub>2</sub>:1%GFS, T<sub>3</sub>:2% GFS, T<sub>4</sub>:1%GRP, T<sub>5</sub>:2%GRP.

**Table 3:** The effects of supplementing dietary GFS and GRP to the Layer diets on egg weights (gm).

Egg weight (gm) at production periods(weeks)							
Mean 22-45	642-45	538-41	434-37	330-33	226-29	122-25	Treatment
60.00±0.44	62.45±0.74	61.09 ±1.34 <sup>b</sup>	60.85±0.62	59.20 ±0.04 <sup>b</sup>	58.55±0.66	57.80±0.33	T <sub>1</sub>
60.05±0.11	62.31±0.56	61.84 ±1.55 <sup>a</sup>	60.90±0.88	59.14±0.21 <sup>b</sup>	58.52±0.43	57.61±0.33	T <sub>2</sub>
60.60±0.22	62.00±0.10	61.87 ±1.70 <sup>a</sup>	61.00±1.32	61.01 ±0.72 <sup>a</sup>	59.11±0.22	58.11±0.32	T <sub>3</sub>
60.31±0.17	62.01±0.24	61.75 ±1.53 <sup>a</sup>	61.00±1.32	60.83 ±0.11 <sup>a</sup>	58.77±0.66	57.52±0.71	T <sub>4</sub>
60.58±0.07	62.07±0.22	62.02 ±2.91 <sup>a</sup>	61.11±1.45	61.03 ±0.89 <sup>a</sup>	59.13±0.23	58.17±0.66	T <sub>5</sub>
N.S	N.S	N.S	N.S	*	N.S	N.S	Significance Level

Means in the same row with different letters are significantly at different at (p≤0.05), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2%GFS, T<sub>4</sub>: 1%GRP, T<sub>5</sub>: 2%GRP.

**Table 4:** The effects of supplementing dietary GFS and GRP to the Layer diets on feed consumption (gm/hen\day).

Feed consumption (gm/hen\day) at production periods(weeks)							
Mean 45-22	645-42	541-38	437-34	333-30	229-26	125-22	Treatment
109.4 0.11 <sup>b±</sup>	113.1 1.34 <sup>b±</sup>	111.2 1.35 <sup>b±</sup>	110.1 ±1.22 <sup>b</sup>	108.8 0.30 <sup>b±</sup>	106.31.20±	106.60.80±	T <sub>1</sub>
110.90.21 <sup>a±</sup>	113.7 1.35 <sup>ab±</sup>	113.8 2.22 <sup>a±</sup>	112.8 ±1.67 <sup>a</sup>	110.3 0.78 <sup>a±</sup>	107.71.04±	107.10.40±	T <sub>2</sub>
111.4 0.76 <sup>a±</sup>	115.2.276 <sup>a±</sup>	114.1 2.76 <sup>a±</sup>	114.1 1.98 <sup>a±</sup>	111.5 0.88 <sup>ab±</sup>	107.31.40±	106.30.60±	T <sub>3</sub>
111.3 0.56 <sup>a±</sup>	116.1.299 <sup>a±</sup>	114.0.288 <sup>a±</sup>	113.7 ±2.21 <sup>a</sup>	109.3 ±0.11 <sup>ab</sup>	107.71.55±	107.20.30±	T <sub>4</sub>
111.2 0.55 <sup>a±</sup>	115.6.266 <sup>a±</sup>	114.0 2.88 <sup>a±</sup>	114.3 ±2.87 <sup>b</sup>	109.1 0.12 <sup>ab±</sup>	107.51.34±	106.80.90±	T <sub>5</sub>
*	*	*	*	*	N.S	N.S	SignificanceLevel

Means in the same row with different letters are significantly different at (p≤0.05), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2%GFS, T<sub>4</sub>: 1%GRP, T<sub>5</sub>: 2%GRP.

**Table 5:** The effects of supplementing dietary GFS and GRP to the Layer diets on feed efficiency (gm feed\gm egg).

Feed efficiency(gm feed \ gm egg) at production periods(weeks)							
Mean 22-45	642-45	538-41	434-37	330-33	226-29	122-25	Treatment
2.08 2.05 <sup>a±</sup>	2.332.60 <sup>a±</sup>	2.20 2.44 <sup>a±</sup>	2.01 ±2.12 <sup>a</sup>	1.931.18±	1.871.66±	1.711.21±	T <sub>1</sub>
1.86 1.43 <sup>b±</sup>	1.94 1.60 <sup>b±</sup>	1.90 1.88 <sup>b±</sup>	1.87 ±1.66 <sup>b</sup>	1.881.06±	1.791.72±	1.831.45±	T <sub>2</sub>
1.79 1.20 <sup>b±</sup>	1.84 1.45 <sup>b±</sup>	1.89 1.80 <sup>b±</sup>	1.84 1.60 <sup>b±</sup>	1.881.06±	1.811.32±	1.471.11±	T <sub>3</sub>
1.87 1.44 <sup>b±</sup>	1.93 1.64 <sup>b±</sup>	1.91 1.80 <sup>b±</sup>	1.93 1.86 <sup>b±</sup>	1.901.13±	1.801.30±	1.771.32±	T <sub>4</sub>
1.83 1.32 <sup>b±</sup>	1.88 1.60 <sup>b±</sup>	1.73 1.54 <sup>b±</sup>	1.77 1.32 <sup>b±</sup>	1.871.09±	1.821.33±	1.881.54±	T <sub>5</sub>
**	**	**	**	N.S	N.S	N.S	SignificanceLevel

Means in the same row with different letters are significantly different at (p≤0.01), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2%GFS, T<sub>4</sub>: 1%GRP, T<sub>5</sub>: 2%GRP.

production periods (3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> periods), in which hens of all remainder treatments contained herbs (T<sub>2</sub>-T<sub>5</sub>) consumed high feed as compared to control group (T<sub>1</sub>) and the whole mean of this trait.

Data in table 5 revealed, that the best feed efficiency

values were recorded for hens in treatments with addition GFS and GRP as compared to control group during the 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> production periods as well as in calculating the whole mean of this trait.

The changes in the means of live body weights of the hens of this experiment can be seen in table 6 in

**Table 6:** The effects of supplementing dietary GFS and GRP to the Layer diets on Weight gain (gm).

Weight gain(gm)at production periods(weeks)						
645-42	541-38	437-34	333-30	229-26	125-22	Treatment
41.7±1.96 <sup>a</sup>	73.7±2.31 <sup>a</sup>	81.3±2.33 <sup>a</sup>	83.3±3.30	87.8±0.88	85.0±0.83	T <sub>1</sub>
30.4±1.01 <sup>b</sup>	52.2±0.87 <sup>b</sup>	67.3±0.44 <sup>c</sup>	81.1±2.34	84.4±0.80	83.4±1.33	T <sub>2</sub>
25.1±1.33 <sup>b</sup>	65.5±1.45 <sup>ab</sup>	75.3±1.22 <sup>b</sup>	79.1±1.84	82.2±0.78	79.8±0.89	T <sub>3</sub>
20.2±1.10 <sup>b</sup>	41.4±0.76 <sup>c</sup>	65.6±0.34 <sup>c</sup>	79.8±1.66	81.1±0.79	82.2±1.03	T <sub>4</sub>
19.7±1.04 <sup>b</sup>	40.7±0.66 <sup>c</sup>	72.7±1.70 <sup>bc</sup>	75.5±1.06	80.2±0.70	84.3±1.65	T <sub>5</sub>
*	*	*	N.S	N.S	N.S	SignificanceLevel

Means in the same row with different letters are significantly at different at ( $p \leq 0.05$ ), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2%GFS, T<sub>4</sub>: 1%GRP, T<sub>5</sub>: 2%GRP.

which birds of control group (T<sub>1</sub>) gave significantly ( $p < 0.05$ ) the heaviest body weights as compared to those in all other treatments (T<sub>2</sub>-T<sub>5</sub>) during the 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> production periods.

Such improvement in birds performance of treated groups which contained GFS and GRP during the latest production weeks may be due to the effects of their contents of the affective substances such as (flavonoids and antioxidant substances) in improving the feed efficiency of the birds which reflects on positive effects on remained performance traits, such materials rolled an important action that balance the microbes contents of the digestive tract of the birds which increase birds immunity, as well as their contents in aldehydes, alkaloids, and spaniels which work as natural antibacterial and natural antioxidant and growth promoters, that enhance body immunity throughout their effects on birds immunity system so it leads in improving birds production characteristics and birds health (Bukhari *et al.*, 2008; Dash *et al.*, 2011; Zhao *et al.*, 2011; Khorshidian *et al.*, 2016). The superiority of birds in T<sub>4</sub> and T<sub>5</sub> over those in control group may be due to the content of GRP in some effective substances such as gingerols which stimulate the peptides juice in animal digestive tract (stoilova *et al.*, 2007) so it increase birds efficiency in make use of food which support live activity and production performance of birds, this finding are in agreement with results reported by Umatiya *et al.*, (2018).

This finding are in agreement with those reported by Malekizadeh *et al.*, (2012) and AL-Hameed (2012a) that the addition of GRP to layer diets led to significant increase in egg production percentage during the latest production periods of egg production and in the amount of feed consumption from other hand the ginger treatments showed the best feed efficiencies as compared to control group (Shewita and Taho, 2018; Fahar *et al.*, 2019). Meanwhile Zomrawi *et al.*, (2014) demonstrated that no significant differences between the treatment ginger rhizomes powder added at the levels of 0.5, 1.0 and 1.5% to the layer diets as compared to control groups in above traits.

The treatments of addition of fenugreek and ginger gave the lowest values in changes in live body weights as compared to that in control group which was free from addition so that mean that the highly consumption of feed directed to egg production of hens and not their live body weights. However Incharon and Yamauch (2009) didn't find significant differences between treatments contained fermented of dried zingber (at 1% and 5% of the diet) and control group (free from addition) in initial and final body weight of the hens.

The effects of supplementation of GFS and GRP to the layer diets on blood serum characteristics of hens at 34<sup>th</sup> and 46<sup>th</sup> weeks of age are presented in table 7. The data revealed that there was significant ( $p < 0.01$ ) decline in blood serum glucose in the supplemented groups as compared with the control group at those two weeks of age. Meanwhile there were no significant differences between the control group and all supplemental groups with regard total serum protein at 34<sup>th</sup> week of age, however gave T<sub>3</sub> and T<sub>5</sub> at the 46<sup>th</sup> of age the high value of total protein (5.7 and 5.6 g /100 ml) followed by T<sub>2</sub> (5.1 gr /100 ml) which did not differ from other treatments in this comparison. The data in table 7 revealed that the supplemented groups superior over control group with regard of total albumen level at the 34<sup>th</sup> week of age, meanwhile showed T<sub>3</sub> and T<sub>5</sub> the highest values in this parameter as compared to control group, followed by T<sub>2</sub> and T<sub>4</sub> which did not differ significantly from control group at 46 week of age.

Treatments 2, 3 and 5 gave significantly the highest values of globulin followed by T<sub>4</sub> as compared to T<sub>1</sub> at the 46<sup>th</sup> of age. The cause of decline blood serum glucose of birds in the supplemented groups with GFS may be due to the content of these seeds of 4- Hydroxy isoleucine, which helps the pancreas in Insulin excretion which rolled in lowering glucose level in blood serum through gluconeogenesis (Khosla *et al.*, 1995 and Sauvaire *et al.*, 1998). Meanwhile reported Xue *et al.*, (2007) that the effect due to the high level of fiber in GFS which lowered the glucose absorption. The effect of effective substances in GFS such as flavonoids and saponin played an important role in stimulating the steroid hormones

**Table 7:** The effects of supplementing dietary GFS and GRP to the Layer diets on blood Glucose, Total Protein, Total Albumin and Globulin.

Globulin100ml/g		Total Albumin100ml/g		Total Protein100ml/g		Glucose 100ml/mg		Treatment
46	34	46	34	46	34	46	34	
2.2 b±0.90 <sup>b</sup>	2.4±1.11 <sup>ab</sup>	2.1 ±0.09 <sup>b</sup>	2.2±0.07 <sup>b</sup>	4.3±0.65 <sup>b</sup>	4.6±0.43	163±3.70 <sup>a</sup>	1703.41 <sup>a±</sup>	T <sub>1</sub>
2.7±0.55 <sup>a</sup>	2.4±1.20 <sup>ab</sup>	2.4 ±1.40 <sup>ab</sup>	2.5±1.12 <sup>a</sup>	5.1±3.54 <sup>ab</sup>	4.9±8.60	153±4.66 <sup>b</sup>	164±5.33 <sup>b</sup>	T <sub>2</sub>
2.9±0.65 <sup>a</sup>	2.6 ±3.14 <sup>a</sup>	2.8 ±0.53 <sup>a</sup>	2.7±0.44 <sup>a</sup>	5.7±2.22 <sup>a</sup>	5.3±6.33	149±4.76 <sup>c</sup>	160±6.50 <sup>bc</sup>	T <sub>3</sub>
2.6±0.90 <sup>ab</sup>	2.1 ±0.44 <sup>b</sup>	2.3±0.28 <sup>ab</sup>	2.6±0.22 <sup>a</sup>	4.9±2.5 <sup>b</sup>	4.7±2.77	151±4.87 <sup>bc</sup>	162±4.33 <sup>b</sup>	T <sub>4</sub>
2.9±0.54 <sup>a</sup>	2.6 ±1.33 <sup>a</sup>	2.7 ±1.33 <sup>a</sup>	2.5±0.16 <sup>a</sup>	5.6±1.33 <sup>a</sup>	5.1±0.80	153±6.60 <sup>b</sup>	158±5.22 <sup>c</sup>	T <sub>5</sub>
**	**	**	**	**	N.S	**	**	SignificanceLevel

Means in the same row with different letters are significantly different at ( $p \leq 0.01$ ), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2%GFS, T<sub>4</sub>: 1%GR P, T<sub>5</sub>:2%GRP.

**Table 8:** The effects of supplementing dietary GFS and GRP to the Layer diets on Total Cholesterol, Triglyceride, LDL, HDL.

HDL100ml/mg		LDL100ml/mg		Triglyceride 100ml/mg		Total Cholesterol 100ml/mg		Treatment
46	34	46	34	46	34	46	34	
57.4±0.55	54.0±0.55	128 ±0.55 <sup>a</sup>	120 ±0.55 <sup>a</sup>	128 ±2.55 <sup>a</sup>	127±0.59 <sup>a</sup>	140±1.55 <sup>a</sup>	141±1.64 <sup>a</sup>	T <sub>1</sub>
57.5±0.33	55.5±0.10	110 ±2.33 <sup>b</sup>	115 ±0.43 <sup>ab</sup>	117 1.18 <sup>b</sup>	120±1.14 <sup>b</sup>	135±1.21 <sup>ab</sup>	138±0.55 <sup>ab</sup>	T <sub>2</sub>
60.7±0.55	60.3±0.32	98.1±1.55 <sup>c</sup>	100±0.33 <sup>b</sup>	110 ±0.11 <sup>b</sup>	114±0.12 <sup>b</sup>	130±0.51 <sup>b</sup>	133 ±1.05 <sup>b</sup>	T <sub>3</sub>
58.2±0.65	58.1±0.11	112 ±2.43 <sup>b</sup>	100±0.31 <sup>b</sup>	115 0.17 <sup>b</sup>	121±0.16 <sup>b</sup>	132±0.64 <sup>b</sup>	134±1.64 <sup>b</sup>	T <sub>4</sub>
60.5±0.11	58.7±0.55	108 ±1.32 <sup>b</sup>	108 0.34 <sup>b</sup>	111±0.05 <sup>b</sup>	1200.11 <sup>b</sup>	120±0.03 <sup>c</sup>	127±0.12 <sup>c</sup>	T <sub>5</sub>
N.S	N.S	*	*	*	*	*	*	SignificanceLevel

Means in the same row with different letters are significantly different at ( $p \leq 0.05$ ), N.S: non-significant, T<sub>1</sub>: control, T<sub>2</sub>: 1%GFS, T<sub>3</sub>: 2% GFS, T<sub>4</sub>: 1%GRP, T<sub>5</sub>: 2%GRP.

which played an important role in release feed metabolism because they considered as builder hormones which elevate protein synthesis (Sturkie, 1986).

The significant improvement in total albumen and total globulin concentrates of blood serum of birds feed GFS may be deu to whole factors that lead to the improvement in total protein so that the albumen is the main part of blood protein, which transport food nutrients and thyroxine in blood. These results came in agreement with that reported by AL-Hameed (2012b); Abdul-Rahman (2012); Safaei *et al.*, (2013); Mamoun *et al.*, (2014); Toaha *et al.*, (2016) whom added different levels of GFS to Layer and Broiler diets and noticed significant decline in glucose level of blood serum and with that found by AL-Hameed (2012b) in improving the rang of total protein of Layer blood serum. On other hand the significant decrease in the serum blood glucose of Layer hens fed on diets containing (1 and 2) % GRP (T<sub>4</sub> and T<sub>5</sub>) may be deu to the fiber and the miosilage content and to the alkaline effects (Saac *et al.*, 2018) meanwhile reported Cabuk *et al.*, (2003) that the essential oils of herbs and their alkaline substances together rolled an affective effects in the inhibition of glucogenesis but enhance glycolysis which lead to minimize blood glucose level. These are in agreement with that found by (AL-Hameed, 2012b; Malekizadehl *et al.*, 2012); Shewita and Taha, 2018) revealed that the ginger had an important effect in stimulating protein synthesis which lead to elevat total

albumen level of blood of Layer hens at the age of 34 and 46 weeks of age which improved globulin concentrate because the blood serum protein already exists in limited levels when the birds are in normal circumstance case but it changed according to the changes in hygiene and nutrition of the birds.

It can be seen from data in table 8 significant decline ( $p < 0.05$ ) in the total cholesterol level of blood of birds in T<sub>3</sub>, T<sub>4</sub> and T<sub>5</sub> comparing with that of birds in T<sub>1</sub> at 34 and 46 weeks of age, also showed all treatments with herbs addition significant decrease in the triglycerides concentrate and the LDL level during both weeks as compared to that of control group. Meanwhile no significant differences in HDL levels was found between the different experimental treatments. The components of GFS have an effective roll in minimizing serum blood lipids concentrate thus Sharma *et al.*, (1996) repaired that the fiber content especially the galactomannan inhabit the absorption of the cholesterol in the small intestine and prevent the reabsorption of the bile salts, as well as reported by Han *et al.*, (2000) that the saponifieds substance delate the absorption of the feed fat in the intestine through the inhibition act of Lipase enzyme.

Cara *et al.*, (1992) declared that the main cause of lowering Triglycerides level in blood serum under the effect of GFS may be due to the fiber and pectin contents of this seeds, also may be due to the effect of decrease in the LDL of birds consumed GFS to their content in

some effective substance. In this case referred Arora *et al.*, (2000) that the Flavonoids have an strong act in preventing the activity of free radical roots, so they have an antioxidant rol in this case. These results are in agreement with that obtained by (Abdul-Rahman, 2012; Safaei *et al.*, 2013; Mamoun *et al.*, 2014; Abdouli *et al.*, 2014).

The effect of GRP act in lowering the total cholesterol concentrate, triglyceride level and the LDL in blood serum of Layer hens which may be due to the activity of their contents, that the Oleoresin has an activity in prevention cholesterol absorption through the small intestine, so declared Bujo (1997) that such mechanism occurred through the inhibition of the enzyme which responded in cholesterol synthesis which are existed in the chromosomes of liver cells.

Fuhrman *et al.*, (2000) reported that the effective effect of rhizomes of ginger such as shogaol have an antioxidant act besides the effect of the phenolic compounds, so they have the same act that the ascorbic acid and Vit. E have which protect fat oxidation which protect the HDL. The results of ginger effects are in agreement with that obtained by AL-Hameed (2012b); Malekizadeh *et al.*, (2012); AL-Hameed *et al.* (2012) Zomrawi *et al.*, (2014); Habibi *et al.*, (2014); Shewita and Taha (2018); Belal *et al.*, (2018).

## References

- Abdel-Rahman, H.A., S.I. Fathallah and A.A. Helal (2014). Effect of Turmeric (*Curcuma longa*), Fenugreek (*Trigonella foenum-graecum L.*) and/or bioflavonoid supplementation to the broiler chicks diet and drinking water on the growth performance and intestinal morphometric parameters. *Global Vet.*, **12**: 627-635.
- Abdouli, S.H., S. Belhouane, M. Haj-Ayed and E. Hcini (2014). Effect of feeding hens with fenugreek seeds on Laying performance, egg quality characteristics, serum and egg yolk cholesterol. *J. New Sci.*, **3**.
- Adil, S., S. Qureshi and R.A. Pattoo (2015). A review on positive effects of fenugreek as feed additive in poultry production. *Inter. Poult. Sci.*, **14**(12): 664-669.
- AL-Hameed, S.A.M., M.H. Abdulabass and A.A. Al-Yaseen (2012). Effect of adding crushed seed of *Nigella Sativa* and *Zingiber officinal powder* to diet on some biochemical parameters in Layer chicken. *Mesoptam. J. Agric.*, **40**(3).
- AL-Hameed, S.A.M. (2012a). Effect of adding ginger to layer diets on hens performance. *Iraqi. Poult. Sci. J.*, **6**(2):1-11.
- AL-Hameed, S. A.M. (2012b). Effect of adding ginger powder to layer diets on the biochemical blood traits. *J. Kerbala University*, **10**(4): 174-180.
- AL-Hameed, S.A.M., M.H. Abdulabass and S.K. Ahmed (2015). Effect of adding different levels of Vit. E and Rosmary leaves to the diet on broiler performance and carcass characteristic. *Iraqi poult. Sci. J.*, **46**(1): 21-26.
- Ali, M., N. Chand, R.U. Khan, S. Naz and S. Gul (2019). Anticoccidial effect of garlic (*Allium sativum*) and ginger (*Zingiber officinale*) against experimentally induced coccidiosis in broiler chickens. *J. Appl. Anim. Res.*, **47**(1):79-84.
- Alloui, N., B.S. Aksa, M.N. Alloui and F. Ibrir (2012). Utilization of fenugreek (*Trigonella foenum-graecum*) as growth promoter for broiler chickens. *J. World's Poult. Res.*, **2**: 25-27.
- Arora, A., T.M. Byrem, M.G. Nair and G.M. Strasburg (2000). Modulation of liposomal membrane fluidity by flavonoids and isoflavonoids. *J. Arch. Biochem.*, **373**:102-109.
- Belal, S.A., M.N. Uddin, M.K. Hasan, M.S. Islam and M.A. Islam (2018). Effect of ginger (*Zingiber officinale*) and garlic (*Allium sativaum*) on productive. *Inter. J. Agric. Enviro. R.*, **4**(1):12-23.
- Bujo, H.M., Herman, K.A. Lindstedt, Nimpf and W.J. Schneider (1997). Low Density Lipoprotein receptor gene family membrane mediate yolk deposition. *J. Nutr.*, **127**: 8015-8045.
- Bukhari, S.A., M.I. Bhangar and M. Shahabuddin (2008). Antioxidative activity of extracts from fenugreek seeds (*Trigonella foenum-graecum*). *Pak. J. Analyt. Environ. Chem.*, **9**: 78-83.
- Cabuk, M., A. Alcicek, M. Bozkurt and N. Imre (2003). Antibacterial properties of the essential oils isolated from aromatic plants and using possibility as alternative feed additives. 11. National Anim. Nutr. Congress. 18-20 September, 184-187.
- Cara, L., C. Dobis, P. Borel, M. Armand, M. Senft, H. Portugal, A.M. Paull, P.M. Bernard and D. Lairon (1992). Effect of oatbran, ricebran, wheat fiber and wheat germ on postprandial (Lipidemia) in health adult. *Am. J. Clin. Nutr.*, **55**: 81-88.
- Coles, E.H. (1974). *Vet. Clin. Path.* 211-13 W. B. Saunders Company, Philadelphia, London, Toronto.
- Dash, B.K., S. Sultana and N. Sultana (2011). Antibacterial activities of methanol and acetone extracts of fenugreek (*Trigonella foenum*) and coriander (*Coriandrum sativum*). *Life. Sci. Med. Res.*, **27**: 65-72.
- Doumas, B.T., D.D. Bayso, R.J. Carter, T. Peters and R. Schaffer (1981). Determination of total serum protein. *Clin. Chem.*, **27**: 1642-1643.
- Elbushra Magda Elmahdi (2012). Effect of dietary fenugreek seeds (*Trigonella foenum*) as natural feed addition on broiler chicks performance. *J. Sci. Technology*, **13**(2): 27-33.
- Fahar, I., A. Nawab, Y. Niu, Zhiwang, J. Wu, M. Lilong and An (2019). Ginger powder and Chinese herbal medicine supplementation improved the production performance, serum metabolites and antioxidant activity of layer hens. *J. Thermal. Biology*, **81**:20-24.
- Fuhrman, B., M. Rosenblat, T. Hayek, R. Coleman and M. Aviram (2000). Ginger extract consumption reduces plasma cholesterol, inhibits LDL oxidation and attenuates development of atherosclerosis in atherosclerotic, apolipoprotein E-deficient mice. *J. Nutr.*, **130**:1124-1131.
- Habibi, R., G. Sadeghi and A. Karimi (2014). Effect of different concentrations of ginger root powder and its essential oil

- on growth performance, serum metabolites and antioxidant status in broiler chicks under heat stress. *Br. Poult. Sci.*, **55(2)**: 228-37.
- Han, K., B.J. Kimura, Y. Iheng and Y.N. Okuda (2000). Platycodiradix affects lipid metabolism in mice with height fat induce obesity. *J. Nutr.*, **130**: 2760-2764.
- Incharoen, T. and K. Yamauchi (2009). Production performance, egg quality and intestinal histology in laying hens fed dietary dried fermented ginger. *International J. Poult. Sci.*, **11**: 1078-1085.
- Khorshidian, N., M. Yousefi Asli, M. Arab, A. Mohammad Mortazavian and A.A Mirzaie (2016). Fenugreek: potential applications as a functional food and nutraceutical. *Nutr. Food Sci. Res.*, **3(1)**: 5-16.
- Khosla, P., D.D. Gupta and R.K. Nagpol (1995). Effect of *Trigonella foenum graecum* (Fenugreek) on blood glucose in normal diabetic rats. *Indian J. Phys. Pharm.*, **39**: 173-174.
- Malekizadeh1, M., M.M. Moeini I. and Sh. Ghazi1 (2012). The effects of different levels of ginger (*zingiber officinale rosc*) and turmeric (*curcuma longa linn*) rhizomes powder on some blood metabolites and production performance characteristics of laying hens. *J. Agric. Sci. Tech.*, **14**: 127-134.
- Mamoun, T., M.A. Mukhtar and M.H. Tabidi (2014). Effect of fenugreek seed powder on the performance, carcass characteristics and some blood serum attributes. *Advance Res. Agric. Vet. Sci.*, **1(1)**: 6-11.
- Mullaicharam, A.R., D. Geetali and M. Uma (2013). Medicinal values of fenugreek-a review. *Res. J. Pharma. Biol. Chem. Sci.*, **4**: 1304.
- Nathiya, S., M. Durga and T. Devasena (2014). Therapeutic role of *Trigonella foenum-graecum* (Fenugreek)-A review. *Int. J. Pharma. Sci. Rev. Res.*, **27**: 74-80.
- National Research Council (1994). Nutrient Requirements of Poultry. 9th rev. ed. Natl. Acad. Press, Washington, DC.
- Patel, R.M., D.D. Garg, V.R. Patel, S.G. Vahora, A.P. Raval and M. Choubey (2017). Effect of dietary supplementation of garlic (*Allium sativum*) and fenugreek (*Trigonella foenum graecum* L.) Seed powder on growth performance, carcass characteristics and economics of feeding in broiler. *J. Anim. Res.*, **7(2)**: 313-318.
- Qureshi, S., M.T. Banday, S. Adil, I. Shakeel and Z.H Munshi (2015). Effect of dandelion leaves and fenugreek seeds with or without enzyme addition on performance and blood biochemistry of broiler chicken and evaluation of their in vitro antibacterial activity. *Ind. J. Anim. Sci.*, **85**: 1248-1254.
- Saac, Z.A., O.J. Alabi, D. Brown and J.W. Ngambi (2018). Effect of aqueous ginger (*Zingiber officinal*) extract on performance, nutrient digestibility and economy of feed conversion of broiler chickens. *Anim. Nutr. Feed. Technol.*, **18(2)**: 225-231.
- Safaei, A., S.M. Rahanjam and M. Gharajanlu (2013). Effect of *Trigonella foenum-graecum* on immune response and some blood parameters of broilers. *J. Agric. Sci.*, **3**: 117-120.
- SAS (2001). SAS / STAT Users Guide for personal computer; Release 6-12. Institute Inc. Cary, NC. USA.
- Sauvaire, Y., P. Petit, C. Broca, M. Manteghjetti, Y. Baissac, J. Fernandez Alvaarez, R. Gross, M. Roye, A. Leconte, R.R. Gomis and G. Ribes (1998). 4-Hydroxyisoleucine, anovel amino acid potentiator of insulin secretion diabetes, **47**: 206-210.
- Sharma, R.D.A., A. Sarkar, D.K. Hazara, B. Misra and S.K. Sharma (1996). Hypolipidaemic effect of fenugreek seed: Achronic study in non-insulin Dependent diabetic patients. *Physiotherapy Res.*, **10(4)**: 332-334.
- Sidney, P.G. and R. Barnard (1973). Improved manual spectrophotometric procedure for determination of serum triglycerides. *Clin. Chem.*, **19(9)**: 1077-1078.
- Shewita, R.S. and A.E. Taha (2018). Influence of dietary supplementation of ginger powder at different levels on growth performance, haematological profiles, slaughter traits and gut morphology of broiler chickens. *South African J. Anim. Sci.*, **48(6)**: 997-1008.
- Stoilova, I., A. Krastanov, A. Stoyanova, P. Denev and S. Gargova (2007). Antioxidant activity of a ginger extract (*Zingiber officinale*). *Food. Chem.*, **102**: 764-770.
- Stukie, P. D. (1986). Avian physiology. 4<sup>th</sup> Ed. Ppublished by Spring Verlag, New York, USA.
- Toaha, S.M., B.R. Mollah and M.U. Ahammad (2016). Use of dietary fenugreek (*Trigonella foenum-graecum* L.) seed for the production of safe broiler lean meat. *Res. Agric. Livest. Fish*, **3(2)**: 305-314.
- Trinder, P. (1969). Determination of glucose in blood using glucose oxidase with alternative oxygen acceptor. *Anim. Clin. Biochem.*, **6**: 24
- Umatiya, R.V., AK. Srivastava, M.M. Pawar, H.D. Chauhan and A.K. Jain (2018). Efficacy of ginger (*Zinger officinale*) and garlic (*Allium sativum*) powder as phytogetic feed additives in diet of broiler chickens. *J. Pharmaco. Phytoch.*, **7(3)**: 1136-1140.
- Weerasingha, A.S. and N.S.B.M. Atapattu (2013). Effects of Fenugreek (*Trigonella foenum-graecum* L.) seed powder on growth performance, visceral organ weight, serum cholesterol levels and the nitrogen retention of broiler or chicken. *Trop. Agric. Res.*, **24**: 289-295.
- Xue, W.L., X.S. Li, J. Zhang, Y.H. Liu, Z.L. Wang and R.J Zhang (2007). Effect of *Trigonella foenumgraecum* (fenugreek) extract on blood glucose, blood lipid and hemorheological properties in streptozotocininduced diabetic rats. *Asia. Pac. J. Clin. Nutr.*, **16**: 422-426.
- Zak, B., R. Dickenman, E. White, H. Burnet and P. Cherney (1954). Rapid estimation of free and total cholesterol. *Am. J. Clin. Path.*, **24**: 1307.
- Zhao, X., Z.B. Yang, W.Y. Yang, S.Z. Jiang, Zhang (2011). Effects of ginger root (*Zingiber officinale*) on laying performance and antioxidant status of laying hens and on dietary oxidation stability. *Poult. Sci.*, **90**: 1720-1727.
- Zomrawi, W.B., K. Abdel-Atti, M. Bakheit, E. Khalid, Mohammed and M. Khalid (2014). Effect of dietary ginger root powder (*Zingiber officinale*) on Layer Hens performance, egg cholesterol and serum constituents. *J. Anim. Sci.*, **3(2)**: 69-74.